

Training manual & guidebook

Folder : [Training Geopark Teskei DMO Jety Oguz](#)

File name : HT31D3 Training and Guidebook

Horseback riding tour of 3 days : HT31D3

For whom : cultural guides, trekking guides, horsemen, cook)

Welcome to the training manual guidebook for an all year around three-day horseback riding adventure through the captivating landscapes of the Jety Oguz region! Designed for both seasoned equestrians and adventurous beginners, this manual offers comprehensive guidance for mastering the skills and knowledge based on a common program with Kyzyl Djar Association, Geopark Teskei and Nomad's Land.

What distinguishes this training manual is its holistic approach, seamlessly integrating horse riding techniques and security with cultural, geological, historical and biological immersion and outdoor exploration. Guides will learn not only how to navigate challenging terrain and care for clients and horses but also how to engage respectfully with local communities, experiencing firsthand the warm hospitality and traditional way of life.

This manual was written based on the training organized on February 12, 13 and 14, 2024 by Mathieu Charruaz and Samuel Maret from Nomad's Land Ecotourism Company based in Bishkek, Kyrgyzstan.

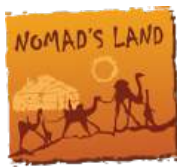
How it works :

The guide in training must first study all the documents before setting off. Depending on their role, they will either be assisting the guide leader or the equestrian guide who has already been trained. The leader guides are responsible for the practical training and they give their approval that the newly trained guide can take the place of a leader guide and his ability to train the next student guide.

This programme has been specially designed to start and finish in different locations, but ideally for the villages of Orgochor, Svetlaya Polyana, Kyzyl Suu and Chong Kyzyl Suu. The programme tested in February 2024 started in Orgochor and ended in Kyzyl Suu.

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1. The main objectives are

- To create a year-round horse-riding programme for the DMO Jeti Oguz community;
- To create a sustainable practical training-course for local guides in the Jeti Oguz region;
- A course on the geology and history of the region in collaboration with the Geopark Teskei and the historical museum of Orgochor;
- A course on safety and codes of conduct on horseback and in the mountains.

Training Objectives: Touristic Horseback Riding in Jeti Oguz

Geological Knowledge:

Objective: Equip guides with comprehensive knowledge about the geological formations, particularly the unique red rocks, in Jeti Oguz.

Outcomes: Guides will be able to provide engaging narratives about the geological history of the region, enhancing the overall experience for riders.

Regional History Awareness:

Objective: Familiarize guides with the rich history of Jeti Oguz and its cultural significance.

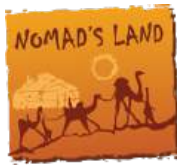
Outcomes: Guides will be able to share historical anecdotes and insights, providing riders with a deeper understanding of the region's heritage.

Animal Welfare Training & Code of Conduct Guidelines :

Objective: Instill a strong sense of responsibility towards the code of conduct welfare of horses involved in the tours. Understanding the code of conduct.

Outcomes: Guides will be trained in proper animal care practices, recognizing signs of distress, security briefing with tourists and ensuring the well-being of the horses throughout the journey.

Horseback Riding Security:



Objective: Ensure guides are well-versed in horseback riding safety measures: including proper saddle fitting and basic riding techniques; main differences between Western/Classic riding and Kyrgyz riding (differences in riding technique and material used); guest engagement (how to ensure experiences that go beyond simple horseback riding treks); briefing instructions (how to deliver clear and easy information before starting the treks).

Outcomes: Guides will prioritize the safety of riders and horses, minimizing risks and responding effectively to any unforeseen situations. Horseback Riding Security.

Meteorological Understanding:

Objective: Provide guides with meteorological knowledge relevant to the region for better tour planning.

Outcomes: Guides will be able to assess weather conditions, plan routes accordingly, and make informed decisions for the safety and comfort of riders.

Topography Familiarization:

Objective: Familiarize guides with the topography of Jeti Oguz, including key landmarks and potential challenges.

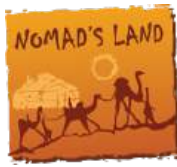
Outcomes: Guides will navigate confidently, enhancing the overall experience for riders and ensuring a smooth and enjoyable tour.

Security Protocols:

Objective: Train guides in overall tour security, including communication devices, emergency response plans, and coordination with local authorities.

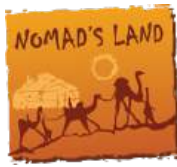
Outcomes: Guides will be prepared to handle various security scenarios, ensuring the well-being of both riders and guides.

By addressing these objectives, the training program aims to enhance the skills and knowledge of horse-guides and guides, creating a safer, more informative, and culturally enriched touristic horseback riding experience in Jeti Oguz.



2. Additional documents part of this training :

- Horse welfare training
- Code of conduct for horse owner
- Code of conduct - Horseriding Pony trekking
- Guide manual of Nomad's Land agency
- Geological informations about Jeti Oguz and Teskei Alatau.
- History about Jeti Oguz region
- Security minimum requirements
- Contingency emergency plan
- Basic Meteo course



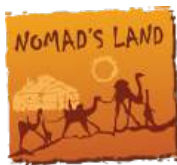
3. General tips and advices :

- ❖ Immersed in the ecotourism development ethos of the association Kyzyl Djar, Guides furnish clients with insightful information and interpretations concerning pertinent sustainability aspects within the destination. This includes guidance on local social norms and values, encompassing tips, codes of conduct, and photography etiquette.
- ❖ Your knowledge of the country is invaluable and you must do your best to share it with your groups.
- ❖ You must ensure that all customers have a pleasant and safe trip, and that the trip corresponds to what was presented to the client.
- ❖ The Tourleader must treat each client equally and fairly, and have a professional and friendly behavior all the time, regardless of race, religion, sex or age. You must be attentive to everybody's need.
- ❖ Plenty of clients are traveling again with "Kyzyl Djar" NGO because they lived an extraordinary experience on our tours, with a unique guide.
- ❖ This method is benefic to everybody because the satisfied clients recommend the trip to their friends. So the more recommendations there are the more work for the guides there is
- ❖ The group has to finish riding day before sunset
- ❖ We need to be careful when we cross the roads for cars or to find alternative way
- ❖ To talk more with guests during the tour, to ask if they need something
- ❖ On the way from Bishkek to Karakol to ask guests if they need to stop more often to see something or for breaks
- ❖ Horsemen should choose horses by themselves, not to let the guests do it
- ❖ In the beginning to discuss with guests about weight of their bags they can take for the grip and to put on the horse
- ❖ To let guests ride by themselves, but not to hold their horse with rope all day. We have to ask them about their experience, maybe they already know how to ride.

We all wondered once in our lives : what should have I done ?

Here are a couple of advices taught in superior schools :

- ***Keep smiling (a sincere smile not a forced fake smile)***
- ***Be a good listener (it's not always easy...)***
- ***Encourage the client to talk about what's wrong***
- ***Let the client talk at ease. Anyway, he will not listen to you before he told what he needed to tell.***
- ***Respect the client's opinion.***
- ***Try your sincerely best to see things from the client's point of view***
- ***If you are wrong, admit it willingly (it's not easy)***



4. List of equipment

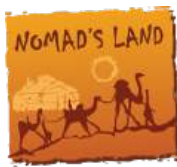
For clients and for guide :

- Waterproof Trekking backpack or Duffel bag (60-80L)
- Daypack (20-30L) or saddle bag
- Sleeping bag (comfort -5°C)
- Sleeping bag liner
- Horseback riding boots
- Horseback riding leather gloves
- Horseback riding helmet
- Horseback riding pants
- **Horseback riding saddle bag if not available from organization team**
- Waterproof cloak
- Waterproof pants
- Sunscreen 50+
- UV-protection lip balm
- Hat / Cap
- Scarf / shawl
- Reusable water bottle or "Camelbak" system
- Hiking shoes
- Swimming suit
- Towel
- "Crocs" sandals
- Photo / Action Camera
- Spare batteries
- Powerbanks
- Sunglasses
- Summer outfit
- Warm clothes for cool evenings
- Fleece
- Waterproof mountain winterstopper jacket
- Travel Pharmacy
- Travel Hygiene set

!!! Personal equipment must be adapted to the different seasons, so it is very important to provide information on the weather forecast before guests arrive. !!!

Additional list of equipment of the guiding team :

- **National clothes (Be proud to wear a kalpak and a chapan, you need to keep the traditions alive, tourists like to take photos with you if you are dressed in traditional costume, they will show their photos to their friends, which will help with publicity.)**
- pharmacy
- topographic map
- compass
- aluminum rescue blanket
- nail removal pliers
- spare nails
- nail pick
- hammer
- 10 meters rope
- large bags for baggage "Kurjun"
- small personal bags



5. Preparation :

Pre-ride preparation:

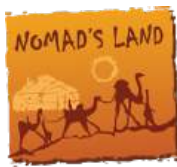
- Preparation of horses and equipment: saddle, bridle, adjustable stirrups, horse shoes, roping reins enough long (English standard 138 cm long)
- Check the health of the horses.
- Additional Equipment required: first-aid kit, saddle bags (malinki kurjun), luggage bag (bolshoe kurjun)
- Horse owners are responsible for the good health of the animals, hoof shoeing and complete saddle equipment. They are also responsible for ensuring that no equipment injures the horse during the ride: saddle, stirrup and bit.
- The equestrian guide is responsible for checking all the equipment and the health of the horse before hiring it out.
- The guide leader must check again the equipment, the health of the horses and the equipment that the equestrian guide uses to care for the horses. See equipment lists above.
- Be sure you have hot tea and a picnic, and a table mat.

Preparation of Riders

It is important to organize a briefing with the tourists the day before, so that the riders understand the equipment they will need, the 3-day program with its highlights and difficulties and the weather forecast. You may also explain how many guides will take part, and how this training course is organized. Also ask about the health, alimentary regime and allergies of the guests. You must encourage the clients to ask questions at the end of the explanation.

WARNING: it may be the first trip for some people so they need much more information, to be reassured and feel confident:

- **Presentation of the team**
- **Briefing on safety rules and day program**
- **Briefing on driving techniques: stopping, starting, changing direction.**
- **Briefing of managing horses on varied terrain (uphill, downhill, flat).**
- **Rider equipment: helmet, boots, appropriate clothing.**
- **Checking stirrups for each client**



6. GUIDE BOOK | HORSEBACK RIDING HT31D3 IN WINTER

Period : **to be checked with recommendation of Kök Jayk Destination**

The Milky Spring's Loop

Code : HT31D3

Duration : 3 days

Headline : Horseback riding loop around forest of Siuttu Bulak

Tagline : Exploring Forests and Red Rocks on Horseback, All Year Round

USP :

Description : An all year around horseback riding program between forest and red rocks of Jety Oguz and Chong Kyzyl Suu gorges.

Day 1: Kyzyl Suu - Jety Oguz sanatorium

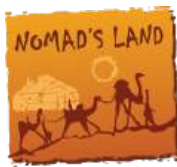
Our Horse Trek starts in Kyzyl Suu village, which we quickly leave. We ride along the river of Siuttu Bulak and through the mountains to Jety Oguz, where we see the famous red rocks. Lunch – picnic somewhere on the way. In winter we spend the night at the Sanatorium, in summer we ride up to the Kok Jayik yurt camp and spend the night there.

Day 2: Jety Oguz sanatorium - Ak-Tash (Chong Kyzyl Suu valley)

A long hike between forests and red canyons. In the morning, we leave the Jety Oguz gorge and follow the lower reaches of the forests to the Chong Kyzyl Suu valley, where we spend the night at a place called "Ak-Tash"

Day 3: Ak-Tash (Chong Kyzyl Suu valley) - Kyzyl Suu

On this day, we leave the forested area on horseback and descend into the Chong Kyzyl Suu valley. We pass large red geological structures, in stark contrast to the green meadows along the river.



DAY 1. Svetlaya Polyana/Orgochor - Jeti-Oguz :

Distance 17 km from Svetlaya Polyana, 21 km from Orgochor

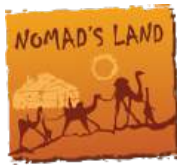
Difference in height : 640 meters drop positive; 400 meters drop negative;



Starting the horseback riding tour in winter

Winter Horseback Riding Recommendations

1. Clothing and Protection: Wear warm, weather-appropriate clothing, including thermal layers, gloves, and a hat. Use sunscreen to protect against UV rays reflected by snow, and wear sunglasses or goggles to shield your eyes. Always carry a waterproof and windproof coat to stay dry and warm.
2. Hydration: Stay hydrated by drinking plenty of water, even in cold weather. Bring at least one liter of water in a five-liter reusable bottle. Before starting, check if all clients have a reusable bottle for water. Remember, horses also need to drink, so plan accordingly and find water sources for them.
3. Rest and Breaks: Take frequent breaks to rest both yourself and your horse. Ask along the way if anyone needs a restroom break, and prefer stopping near farms or yurt camps for toilet facilities. Make stops at scenic viewpoints and schedule breaks approximately every 1.5 hours, including one in the morning, one at lunch, and one in the afternoon.



4. Safety Guidelines: Always follow safety guidelines. Wear a helmet at all times and perform a thorough check of your equipment before setting off. Ensure horse saddles, bridles, and other gear are secure and in good condition. Educate clients on how to mount and dismount safely and emphasize maintaining a safe distance between horses. Be especially mindful of icy or snowy terrain that may affect footing. There might be ice on the way, so it is very necessary to have a horseshoe and find an alternative path to avoid ice, even with a good horseshoe. Additionally, watch out for deep snow and steep downhill areas. It is very important to find short but safe routes.

5. Trail Etiquette and Environmental Awareness: Respect the environment by staying on designated trails. Guides should learn about the local biology and share information with tourists, including details about the fragile winter ecology and sustainable development projects in Jeti Oguz. This helps promote awareness and appreciation for the region's natural heritage.

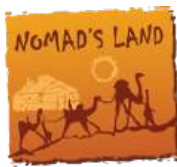
Program :

08:00-08.30 : Breakfast time for guests. Meeting time for the staff; briefing with staff about code of conduct instructions and role of guides and assistants; check welfare of animals; check saddle equipment

08.45-09.00: Briefing with tourists about code of conduct, driving techniques, personal equipment and risks

09.00-09.15: Start the trip. Be careful while crossing a road: guides should stop cars while crossing. Be careful while riding along a road : the guide in front and the last guide signify our presence to drivers of car. Up until the first break, the guides can check that all the participants are comfortable on their horses, and anticipate a change if necessary during the first break, or even before if necessary. It is also important that the group remains compact without the horses being too close together. The guide at the front of the group is responsible for slowing down if the group gets too long, and stays close to the group at all times. We have to bypass icy places all the time, don't risk!

10.45-11.00: Short pause at Siuttu Bulak village : It's important to take a break every hour and a half or so, as customers need to stretch their legs or go to the toilet, and the horses need a break too. During this short break, the guide briefly explains the rest of the programme until the lunch break. He reminds riders of the positions to hold on the horse when going up or down a steep slope. The guide checks with the clients and the groom guides to see if there are any changes to be made to the horses in relation to the level of the clients.



12.00-12.30 : After Siuttu Bulak village, you have to take the road going directly to Jety Oguz forestry post. You may arrive at the pass between Siuttu Bulak valley and Jety Oguz valley (2366 meters alt.). Make again a short pause at the pass, as clients as time for some photography of the panorama. Remember guests that the following downhill is steeper than the uphill. You can show the nearly peak on the North side “Karakungey” 2653 meters altitude. After the pass, find your way directly into the first gorge situated on the East. If the track is not visible, one guide can go open the way. If the snow cover is important, try to stay on the South side of the hill.

13.00-13.30 : You may arrive at the first farm for the lunch. Distance done from Siuttu Bulak village is 7,5 km. Horse guides manage horses while the guide assistant prepare the pic-nic. During the lunch, guide can explain about the geology of the region, how these red canyons appeared.

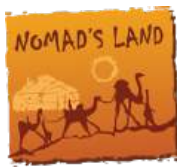
14.00-14.30 : Last ride of the day. After half an hour you may arrive at the Jety Oguz river. In order to have short ride, avoid to pass by the bridge of the Jety Oguz forestry post.

15.30-16.00 : Arriving at Jety Oguz sanatorium, installation in the lodge. Show rooms and toilet and explain guests that they have time to get a shower before the dinner. Check special regime or allergies.

18.00-20.00 : Dinner. Clients love to have dinner with the team and host family. During the dinner, you may explain history of the sanatorium. You may also ask clients about how they feel and how was the first day of the trip. The assistant guide do the briefing of next day program, nature and difficulties. Check is any changes or adaptation should be done.

20.30-21.00 : The guide leader organise a debriefing within the guiding team. Check if some changes or adaptation can be done for the next day.

21.00-22.00 : Guests will be delighted if a member of the team can liven up the evening with songs, music, stories, legends or Kyrgyz games such as the ‘durak’ card game.



DAY 2. Jeti-Oguz - Ak-Tash

Distance 17 km from sanatorium of Jeti Oguz

Difference in height : 800 meters drop positive; 700 meters drop negative;



08:00-08.30 : Breakfast time for guests. Meeting time for the staff; the guide-assistant trained make the briefing with staff about code of conduct instructions and role of guides and assistants; check welfare of animals; check saddle equipment

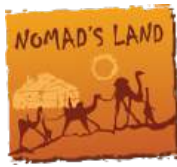
08.45-09.00: Briefing with tourists about code of conduct, driving techniques, personal equipment and risks done by the guide-assistant trained.

09.00-09.15: Start the trip to Ak-Tash yurt camp in the Chong Kyzyl Suu valley. The track goes into the Kok Töbö valley. On the way to the pass, don't forget to organize a short pause. During this pause you may explain about the wildlife present in your region. After the pass at 2366 m. alt.; you descend into the Siuttu Bulak jailoo (6 km from sanatorium).

11.30-12.30: Lunch picnic at Siuttu Bulak jailoo. During this pause you may explain the life of nomads coming in this meadows in Summer and about history of the region.

12.30-13.00 : After Siuttu Bulak jailoo, you ride up by the forestry road linking to the Burgansuu valley. The pass is at the altitude of 2480 m. You just follow the road going down along the Burgansuu valley and red canyon. Don't forget to make short 15' minutes pause after one and half hour ride.

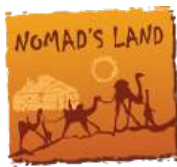
15.00-15.30 : You may arrive at the Chong Kyzyl Suu river, you have done in total 14km already, then the road goes up 2,5 km to the Ak-Tash yurt camp of Mirlan and Albina Idrissov. At the feet of Giurkiuro valley, avoid to cross the icy place, go around it, don't take any risks.



16.00-16.30 : Arriving at Ak-Tash yurt camp, explain how to enter in a yurt, installation in the yurt. Present the host family, explain that in Summer they host local and foreign tourists. Most of local tourists come to enjoy a horse milk cure. You may also explain about the enormous jade stone found in the middle of the river, just some meters of the camp. Show toilet and explain guests that they have time to have a relax time for stretching. During this time, the guide leader organise a debriefing within the guiding team. Check if some changes or adaptation can be done for the next day.

17.30-19.00 : Dinner. Clients love to have dinner with the team and host family. During the dinner, you may explain how a yurt is build. You may also ask clients about how they feel and how was the second day of the trip and the assistant guide do the briefing of next day program. Check is any changes or adaptation should be done.

19.30-21.00 : Guests will be delighted if a member of the team can liven up the evening with songs, music, stories, legends or Kyrgyz games such as the 'durak' card game.



DAY 3. Ak-Tash - Kyzyl-Suu : Half day horseback riding

Distance: from Ak-Tash yurt camp 15 km to Kyzyl Suu; 14 km to Svetlaya Polyana; 16 km to Orgochor

Difference in height : 340 meters drop negative;



08:00-08.30 : Breakfast time for guests. Meeting time for the staff; the training assistant guide make again the briefing with staff about code of conduct instructions and role of guides and assistants; check welfare of animals; check saddle equipment

08.45-09.00: Briefing with tourists about code of conduct, driving techniques, personal equipment and risks done by the guide-assistant trained.

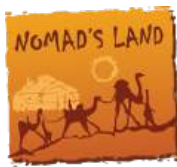
09.00-09.15: Start the trip from Ak-Tash yurt camp down along the Chong Kyzyl Suu valley. Choose the track on the right bank of the river, avoid to ride on the road till Kyzyl Suu.

12.30-13.30: Arriving in Kyzyl Suu/Svetlaya Polyana/Orgochor directly to the guesthouse. We have first the lunch then give some time to our guests to get a shower.

14.30-16.30 : The assistant guide make a 2 hours visit of the village.

16.30-17.30 : Return to the guesthouse and make a debriefing with guests.

The debriefing is really important; it should serve as an assessment to improve the performance and qualities of the guiding team.



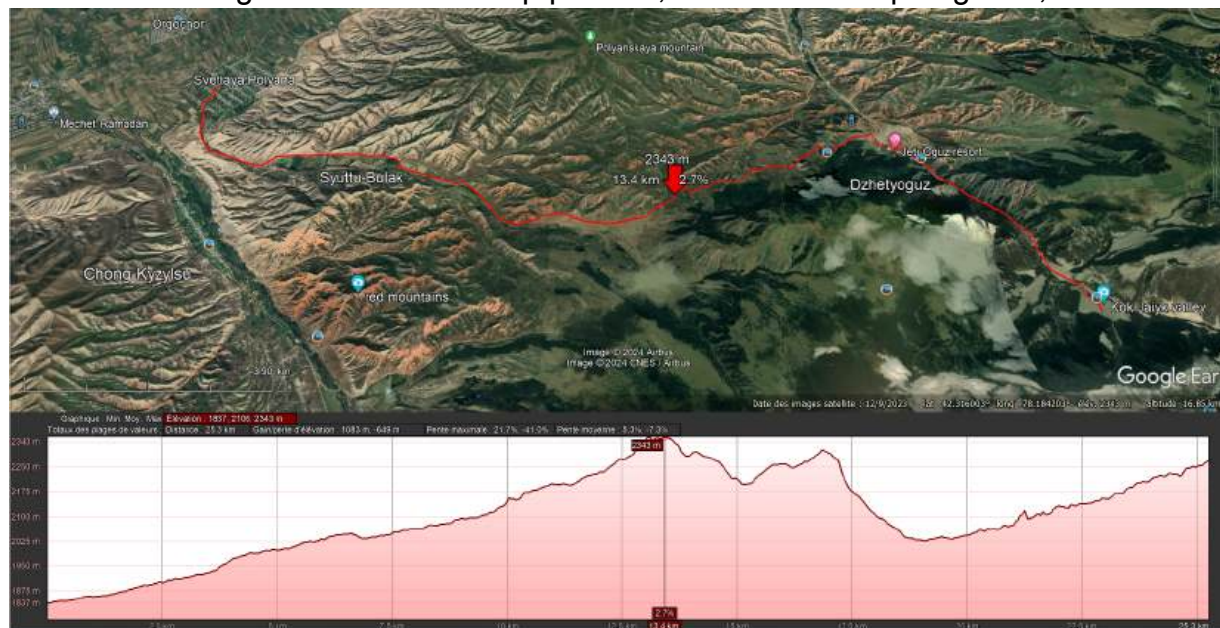
7. GUIDE BOOK | HORSEBACK RIDING HT31D3 IN SUMMER

Period :

DAY 1. Svetlaya Polyana/Orgochor - Kök Jayik :

Distance 25.3 km from Svetlaya Polyana,

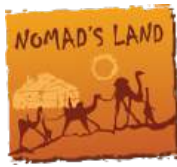
Difference in height : 850 meters drop positive; 435 meters drop negative;



Starting the horseback riding tour in summer

Summer Horseback Riding Recommendations

1. **Clothing and Protection:** Wear comfortable, weather-appropriate clothing. Use sunscreen to protect against UV rays and consider wearing sunglasses and a hat for additional sun protection. Always carry a waterproof coat to be prepared for sudden weather changes.
2. **Hydration:** Stay hydrated by drinking plenty of water. Bring at least one liter of water in a five-liter reusable bottle. Before starting, check if all clients have a reusable bottle for water. Remember, horses also need to drink, so plan accordingly.
3. **Rest and Breaks:** Take frequent breaks to rest both yourself and your horse. Ask along the way if anyone needs a restroom break, and prefer stopping near farms or yurt camps for toilet facilities. Make stops at scenic viewpoints and schedule breaks approximately every 1.5 hours, including one in the morning, one at lunch, and one in the afternoon.
4. **Safety Guidelines:** Always follow safety guidelines. Wear a helmet at all times and perform a thorough check of your equipment before setting off. Ensure horse saddles, bridles, and other gear are secure and in good condition. Educate clients on how to mount and dismount safely and emphasize maintaining a safe distance between horses.



5. Trail Etiquette and Environmental Awareness: Respect the environment by staying on designated trails. Guides should learn about the local biology and share information with tourists, including details about the fragile ecology and sustainable development projects in Jeti Oguz. This helps promote awareness and appreciation for the region's natural heritage.

!!! clean the picnic place perfectly before you leave : there must only remain your footprints !!!

Topographic map K-44-49 : scale 1:100'000 (1cm sur la carte = 100'000 cm sur le terrain), soit 1 cm = 1000 mètres = 1 kilomètre. La carte est quadrillée avec des carrés de 2 cm. de large = 2 kilomètre sur le terrain

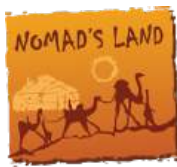


07:30-08.00 : Breakfast time for guests. Meeting time for the staff; briefing with staff about code of conduct instructions and role of guides and assistants; check welfare of animals; check saddle equipment

08.15-08.30: Briefing with tourists about code of conduct, driving techniques, personal equipment and risks

08.30-08.45: Start the trip. Be careful while crossing a road: guides should stop cars while crossing. Be careful while riding along a road : the guide in front and the last guide signify our presence to drivers of car. Up until the first break, the guides can check that all the participants are comfortable on their horses, and anticipate a change if necessary during the first break, or even before if necessary. It is also important that the group remains compact without the horses being too close together. The guide at the front of the group is responsible for slowing down if the group gets too long, and stays close to the group at all times. We have to bypass icy places all the time, don't risk!

10.15-10.30: Short pause at Siuttu Bulak village : It's important to take a break every hour and a half or so, as customers need to stretch their legs or go to the toilet, and the horses need a break too. During this short break, the guide briefly explains the rest of the programme until the lunch break. He reminds riders of the positions to hold on the horse when going up or down a steep slope. The guide checks with the clients and the groom guides to see if there are any changes to be made to the horses in relation to the level of the clients.



12.00-12.30 : After Siuttu Bulak village, you have to continue the road going directly to Siuttu Bulak jailoo. You may arrive at the pass between Siuttu Bulak valley and Kok Tëbë (2366 meters alt.). Make again a short pause at the pass, as clients as time for some photography of the panorama. Remember guests that the following downhill is steeper than the uphill. You can show the nearly peak on the North side “Karakungey” 2653 meters altitude, and the peak Jety Oguz 3632 on East. After the pass, find your way directly into the first gorge situated on the East. Choose the upper road on the foot of forest.

13.00-13.30 : You may arrive to the nearest forest. Distance done from Siuttu Bulak village is 6,4 km. Horse guides manage horses while the guide assistant prepare the pic-nic. During the lunch, guide can explain about the geology of the region, how these red canyons appeared.

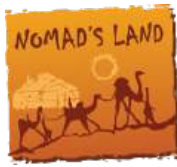
14.30-15.00 : Arriving at Jety Oguz sanatorium, the guide should explain about the history of the sanatorium. We can have a here a good stop for many necessities.

16.00-16.30 : Start riding up into the Jety Oguz gorge. It is also a good moment to explain some legends.

17.30-18.00 Arrival and installation at our yurt camp. Let client to have a short rest, give them warm water for washing hands. Dinner. Clients love to have dinner with the team and host family. During the dinner, you may explain history of the nomadic life and what change today. You may also ask clients about how they feel and how was the first day of the trip. The assistant guide do the briefing of next day program, nature and difficulties. Check is any changes or adaptation should be done.

20.30-21.00 : The guide leader organise a debriefing within the guiding team. Check if some changes or adaptation can be done for the next day.

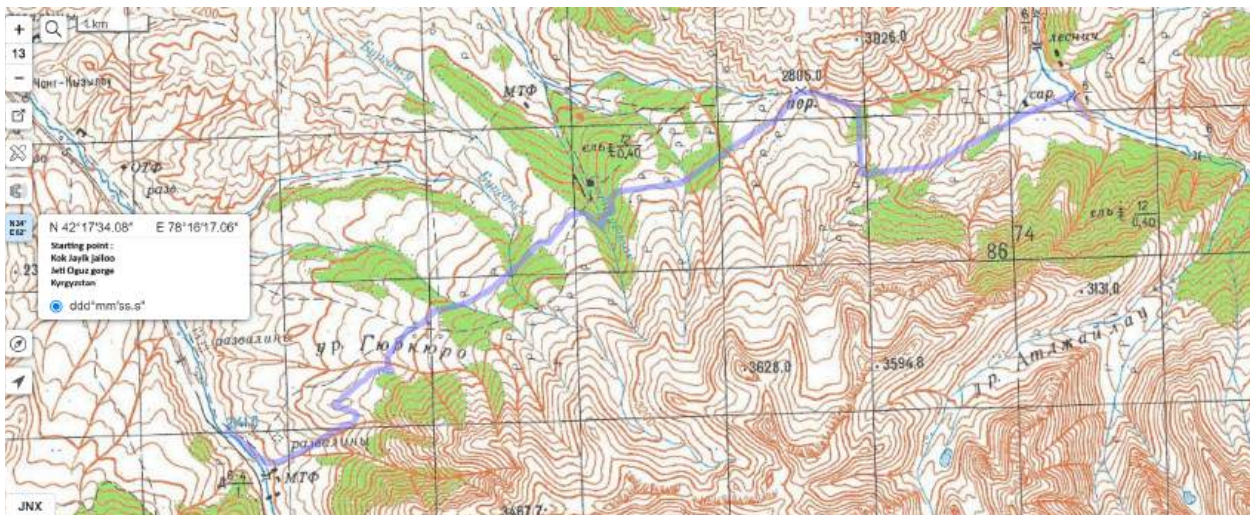
21.00-22.00 : Guests will be delighted if a member of the team can liven up the evening with songs, music, stories, legends or Kyrgyz games such as the ‘durak’ card game.



DAY 2. Kok Jayik - Ak-Tash

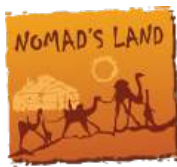
Distance 16-17 km from Kok Jayik jailoo

Difference in height : 780 meters drop positive; 900 meters drop negative;



07:30-08.00 : Breakfast time for guests. Meeting time for the staff; the guide-assistant trained make the briefing with staff about code of conduct instructions and role of guides and assistants; check welfare of animals; check saddle equipment

08.15-08.30: Briefing with tourists about code of conduct, driving techniques, personal equipment and risks done by the guide-assistant trained.



08.30-08.45: Start the trip to Ak-Tash yurt camp in the Chong Kyzyl Suu valley. The track goes up to Aksay pass 2805 m. alt.. On the way you may visit the waterfall. On the way to the pass, don't forget to organize a short pause. During this pause you may explain about the wildlife present in your region. The path you will follow remains high up, like a horizontal line, but you will have to cross several small gorges and sometimes the next part of the path is not obvious. The assistant can take charge of the group, while the guide leader scouts out the route without taking his eyes off the group.

11.30-12.30: Lunch picnic on the first pasture after the Siuttu Bulak river. During this pause you may explain about the wildlife you can encounter in the region.

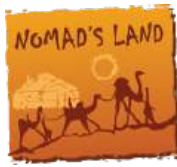
12.30-13.00 : After Siuttu Bulak upper-jailoo, you will cross the Burgansuu river, then you ride down by the forestry road linking to the Giurkiuro valley. Don't forget to make short 15' minutes pause after one and half hour ride.

15.00-15.30 : You may arrive at the Chong Kyzyl Suu river, you have done in total 14km already, then the road goes up 2,5 km to the Ak-Tash yurt camp of Mirlan and Albina Idrissov.

16.00-16.30 : Arriving at Ak-Tash yurt camp, explain how to enter in a yurt, installation in the yurt. Present the host family, explain that in Winter they host foreign tourists. Most of tourists come to enjoy backcountry skiing, snowshoeing or having some fun in the snow. You may also explain about the enormous jade stone found in the middle of the river, just some meters of the camp. Show toilet and explain guests that they have time to have a relax time for stretching. During this time, the guide leader organise a debriefing within the guiding team. Check if some changes or adaptation can be done for the next day.

17.30-19.00 : Dinner. Clients love to have dinner with the team and host family. During the dinner, you may explain how a yurt is build. You may also ask clients about how they feel and how was the second day of the trip and the assistant guide do the briefing of next day program. Check is any changes or adaptation should be done.

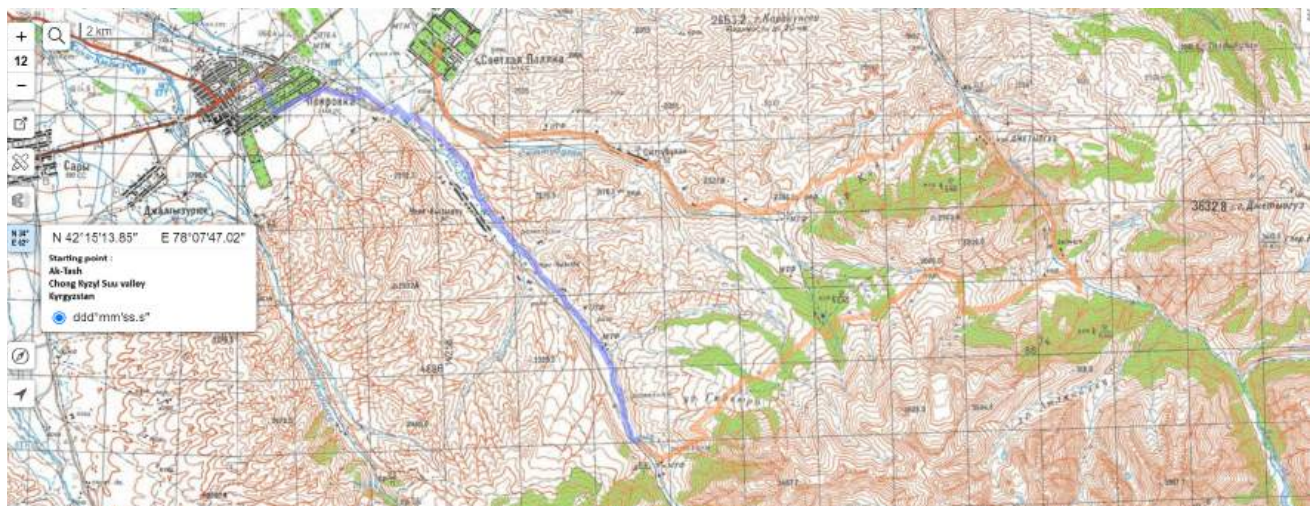
19.30-21.00 : Guests will be delighted if a member of the team can liven up the evening with songs, music, stories, legends or Kyrgyz games such as the 'durak' card game.



DAY 3. Ak-Tash - Kyzyl-Suu : Half day horseback riding

Distance: from Ak-Tash yurt camp 15 km to Kyzyl Suu; 14 km to Svetlaya Polyana; 16 km to Orgochor

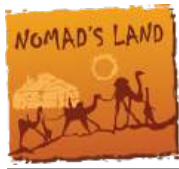
Difference in height : 340 meters drop negative;



07:30-08.00 : Breakfast time for guests. Meeting time for the staff; the training assistant guide make again the briefing with staff about code of conduct instructions and role of guides and assistants; check welfare of animals; check saddle equipment

08.15-08.30: Briefing with tourists about code of conduct, driving techniques, personal equipment and risks done by the guide-assistant trained.

08.30-08.45: Start the trip from Ak-Tash yurt camp down along the Chong Kyzyl Suu valley. Choose the track on the right bank of the river, avoid to ride on the road till Kyzyl Suu.

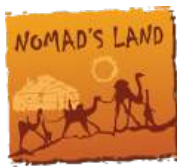


12.00-12.30: Arriving in Kyzyl Suu/Svetlaya Polyana/Orgochor directly to the guesthouse. We have first the lunch then give some time to our guests to get a shower.

14.30-16.30 : The assistant guide make a 2 hours visit of the village.

16.30-17.30 : Return to the guesthouse and do a debriefing with guests.

The debriefing is really important; it should serve as an assessment to improve the performance and qualities of the guiding team.



Conclusion:

This course manual represents a significant first step in the training of guides for the Jeti Oguz Destination. It is a unique project aimed at providing comprehensive and in-depth training to guides so they can offer a high-quality experience to visitors. Although this is the first version of this course, we are confident that its content and organization can be improved and enriched over time.

To achieve this goal, we recommend establishing a tracking system for guides in training, as well as supplementary courses on specific themes such as history, geology, biology, and safety. These additional courses will enable guides to specialize in specific areas and offer a richer and more varied experience to visitors.

We are eager to see how this course manual will be used and how it will contribute to improving the quality of services offered by guides at the Jeti Oguz Destination. We are also confident that, through this training, guides will be able to offer a more personalized and enriching experience to visitors, which will help strengthen the reputation of the Jeti Oguz Destination.

Bishkek, 08/06/2024

Samuel Maret